

# St Mary's Convent Primary School

Bunscoil Clochar Mhuire  
Trim, Co. Meath. C15WF98

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Príomh Oide: Fergal Kelly M.Ed. Leadership & Management

Leas Phríomh Oide: Siobhán Nally M.Ed.

Uimhir Rolla: 16646 O

**Imlitir 14**  
**15th May 2025**

Dear Parents/Guardians,

Here are some items for your attention.

**First Holy Communion:** We are all looking forward to 2pm Saturday May 24th when students in second class will receive the Sacrament of First Holy Communion. Preparations are in full swing and the school community is looking forward to a very special day. Hopefully the weather will continue. We are inviting parents and relatives to the school after the ceremony for a cup of tea and a chat. Our parents association is looking for some extra personnel on the day to help with teas etc. The school photographer will visit the second classes on Tuesday 27th and the children should wear their First Communion finery for the photos.

**Infant Orientation:** New Junior Infants parents and children in our new junior infant classes are invited to the school on Thursday May 29th to see the school and meet their teachers. We hope that the parents and the children in particular will enjoy their first experience of St. Mary's and look forward to seeing everybody on the day. **To facilitate this orientation afternoon we are asking parents of the current junior infant classes to collect their children at 1.15pm on this date to facilitate planning for the orientation.**

**School Closures:** School will be closed on Friday 30th May and Monday 2nd of June for the Bank Holiday weekend.

**Active Schools Week:** The active schools programme continues this year and our active schools week will take place this year from 4-6th June. Sports day will take place on Friday 6th June.

**School Tours:** We are in the middle of school tour season and the children are looking forward to their various trips to well-known venues in Co. Meath and beyond.

The school is working on its anti-bullying strategy for the coming year guided by **Bí Cineálta**, the new national strategy on anti-bullying. The school is required to have its policy in place by September. Thank you to parent focus groups who have contributed ideas towards our new strategy. If anyone would like more information on this try the link here. <https://www.gov.ie/en/publication/74cc1-resources-for-parents/>

Fergal Kelly  
Principal

# SCHOOL NEWS

## Board of Management update

The school is currently awaiting confirmation from the Department of Education regarding the proposed location for a new playground. It is hoped that the area adjacent to the yard shed will be approved. This playground is part of the ongoing building works associated with the addition of the new Autism Class in Room 35.

Parts of the school roof may require repair. A consultant will carry out an assessment in the near future to determine the necessary works.

The Board extends its best wishes to all children making their First Holy Communion on 24th May.

## JUNIOR INFANTS

Room 1 designed and made grass houses. They learned how plants and grass need soil, sunlight and water to grow. They then cut their grass and watched it regrow.



**Due to the temperatures forecast for this week and next, please put some sunscreen on your children and make sure that they have enough water to drink. Thank you.**

## IMPORTANT DATES

**Sports Day**

**Friday, 6th June**

**6th Class Girls Graduation**

**Wednesday, 25th June**

**1st Class Boys Graduation**

**Thursday, 26th June**

## ATTENDANCE

At St Mary's, we strive to ensure that every child has the opportunity to reach their full potential in a safe and supported environment. We view the regular attendance of pupils as being central in achieving this goal. Regular attendance impacts positively on a child's learning, social development and overall well-being. As we look ahead to the remaining seven weeks of the school year, there are many exciting activities on the agenda for St Mary's. These vary and include swimming for the pupils in First Class and Fifth Class, rounders, camogie, soccer, cycling skills, Wellbeing Week, a danceathon, Sports Day, school tours, nature walks along the River Boyne, picnics, visits to the sensory garden, the First Class Boys Graduation, the Sixth Class Girls Graduation and much, much more. We have all delighted in the fantastic weather of late and it looks like it will continue for a while longer. The dry weather enables teachers to reward their classes with plenty of active-learning and free-play in the astro, the back pitch, the yard, the playground and the outdoor classroom. We don't want any child to miss out on any of the fun times mentioned above, and for that reason we are encouraging all children to come to school every day between now and the end of the academic year. Thank you for your continued support in this matter.

# ACTIVE NEWS

## SWIMMING

Swimming lessons began last week for 1st and 5th classes and will continue this week and as follows:

5th class: May 27th, June 3rd, June 10th

1st class: May 16th, 23rd, June 13th, June 20th

There was very little space last week for those parents who came to help with dressing their children. So if your child doesn't need help, please encourage their independence.

Swim hats are essential for all pupils for the lesson.

May we remind parents not to give any snacks or treats to pupils at the pool, please.

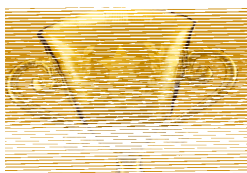


## SUPER TROOPERS

Some classes are doing the Super Troopers programme and have active targets and active homework to do each day.

## SPORTS DAY

Sports Day will be on Friday, June 6th (weather permitting). Children will be allocated teams and told what colour t-shirts to wear shortly. Parents are welcome to attend on the day.



## CAMOGIE

School camogie team had a great win against Cannistown last Thursday, well done to all the girls from 4th, 5th and 6th classes



**Lexie Corkish**  
representing St Mary's  
at half time at the  
leinster final at Croke  
park.

Room 18 wearing their painted masks.







# Health Note to Parents

## **About the HSE's school health programme**

The HSE's National Healthy Childhood Programme is Ireland's universal programme of clinical care for all children. The service is free to all children in Ireland.

The programme helps to:

- create the best outcomes for children
- build the foundations for health over their lifetime

We offer routine health interventions to children. This aims to help children to stay well and to identify those who may need early intervention or other support.

A core component of this service is the school health programme in primary and post-primary schools.

## **What it includes**

The school health programme includes:

- eyesight and hearing screening
- vaccines
- school dental programme

## **When it happens**

Screening and vaccines are usually offered in junior infants. (In Sligo, Leitrim and Donegal, the vaccines are given by your GP).

Additional vaccines are also offered in first year of post-primary school.

The school dental programme currently offers dental check-ups to children in certain classes in primary school.

## **How it works**

A HSE school health team will contact your child's school to arrange a visit.

## **Information needed**

By law, schools will be asked to share the following information with the HSE:

- your child's name, address, date of birth and sex
- mother's birth surname
- contact details for parent/guardian (including name, phone number and email address)
- the child's personal public service (PPS) number, if any
- the school's name and roll number

This information allows school public health nurses to plan their visit to the school. They can also follow up with families who do not return consent forms, providing additional support and information to make sure children do not miss out. This helps to make sure the programme reaches as many children as possible.

**Information and consent forms**

The school health team will provide information about screening and vaccine visits. They will give a consent form before any visits. Your child will usually carry these home in their school bag.

When you get the documents:

1. read the information
2. complete the consent form – these will usually ask if you do or do not consent
3. send the consent form back to the school – please return regardless of consent option chosen

The school team will check the consent forms. They will contact you if they have any questions.

We strongly recommend all children avail of the services provided by the school health programme. Parents and guardians have the choice to consent or not to consent to these services.

**More information**

For more information about the school health programme, click [here](#).



mychild.ie

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TUSLA

TUSLA Meath are actively looking for new Foster Carers in the area. We believe that every child deserves the love and support to allow them to flourish within their own community. Whether you work full time, are single, married, or have your own children, your unique journey is what makes your experience so valuable. You possess the qualities and skills that can make a real difference in a child's life, giving them the safe and loving home they deserve.

We need more foster carers like you - people who are willing to open their hearts and homes to make a positive impact in their community.

Please visit [www.tusla.ie/services/alternative-care/foster-care/](http://www.tusla.ie/services/alternative-care/foster-care/) for more information or contact the Meath Fostering Team on 0469098560 or Freephone 1800226771 if you are interested in becoming a Foster Carer.

# GREEN NEWS

## [National Bike Week and National Bike Day](#)

This is National Bike week. The weather is really cooperating! There are multiple environmental and health benefits to cycling to school, but most importantly, cycling is one of the most efficient and rewarding ways to get to school. Please promote cycling to school this week, especially on Friday as it is National Bike Day. That day we will be providing a fruity breakfast for participants. Don't forget helmets and hi-viz vests!

Rang a 4 are starting Cycling lessons this week and pupils from Room 17 started last week

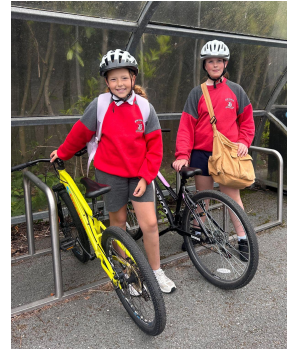
It would be great if lots of people joined us for the Big Cycle on Friday.

Meet up at Steeple Manor at 8:30am. Anyone who cannot meet at Steeple Manor

are welcome to cycle from their own homes if parents/guardians agree to this.

Hi-Vis and Helmets must we worn. Hope everyone has a lovely sunny cycle to school.

Refreshments will be provided at the school.



***Remember Green is cool at home and at school!***

## **SCHOOL TOURS 2024-2025**

**Junior Infants Tour: Clonfert Pet Farm 17th June**

**Language Class Tour: Clonfert Pet Farm 17th June**

**Senior Infants Tour: Causey Farm 23rd June**

**1st Class Tour: Mellow Adventure Centre 23rd June**

**2nd Class Tour: Rockfield House 13th June**

**3rd Class Tour: Crystal Maze 18th June**

**4th Class Tour: Dublin Zoo 25th June**

**5th Class Tour: Causey Farm 20th June**

**5th Class Tour: Boyne Adventure Centre 23rd June**

**6th Class Tour: Carlingford Adventure Centre 12th June**

# Parents Association

As we enter the final term of the school year, I would like to thank all parents/guardians, students and staff for your continued support so far this year with all our PA events and fundraisers.

## **Communion Reception**

St Mary's Parents' Association would like to invite all the 2<sup>nd</sup> Class girls making their First Holy Communion and their families to our Communion Reception at 3pm on Saturday 24<sup>th</sup> May. Please do join us in the school hall for refreshments after the church service.

**The following is a list of the final few events that the PA will be involved in this school year, for which we are seeking volunteers to help:**

- **Communion Reception for 2<sup>nd</sup> Class pupils:**  
**Saturday 24<sup>th</sup> May** – seeking 6 helpers to help set up and serve refreshments between 2.15pm and 4.15pm on the day.
- **Sports Day:**  
**Friday 6<sup>th</sup> June** – seeking 8 helpers to serve fruit to the students between 9.30am and 12.30pm on the day.
- **6<sup>th</sup> Class Graduation:**  
**Wednesday 25<sup>th</sup> June** – seeking 8 helpers to help set up and serve refreshments between 6.45pm and 8.15pm in the evening.
- **Used Uniform Sale:**  
**Friday 27<sup>th</sup> June** – seeking 4 helpers to help with the sale between 9am – 9.30am / 11.30am – 12.30pm.

If you are in a position to help out at any of the above events, please do contact us at [pa@stmarystrim.ie](mailto:pa@stmarystrim.ie) with your name and contact details and we will be in touch.

As always, your assistance is very much appreciated.

## **PA Meeting**

Our next PA meeting will take place this **Friday, 16<sup>th</sup> May** at 9.15am in the school. All are welcome to attend.

Warmest regards

Natache Sadler

Chairperson – St. Mary's Parents' Association

*Nath na Seachtaine:* Tá rothar agam.... Is maith liom bheith ag rothaíocht

*Seanfhocal na Míosa:* Bíonn cluasa móra ag lucht beaga

## SCHOOL HOLIDAYS 2025-2026

**Return: Wednesday the 27<sup>th</sup> of August**

**October Midterm: Monday the 27<sup>th</sup> – Friday the 31<sup>st</sup> of October (1 week)**

School closes on Friday the 24<sup>th</sup> of October and reopens on Monday the 3<sup>rd</sup> of November

**Christmas Holidays: Saturday the 20<sup>th</sup> of Dec – Sunday the 4<sup>th</sup> of Jan (2 weeks)**

School closes on Friday the 19<sup>th</sup> of Dec and re-opens on Monday the 5<sup>th</sup> of Jan 2026

**St Brigids Day: Monday the 2<sup>nd</sup> of February**

**Feb Midterm: Thursday the 19<sup>th</sup> & Friday the 20<sup>th</sup> of Feb 2026 (2 days)**

**March 17<sup>th</sup>: St Patricks Day ( Bank Holiday Tuesday)**

**Easter: Monday the 30<sup>th</sup> of March – Friday the 10<sup>th</sup> of April (2 weeks)**

School closes Friday the 27<sup>th</sup> of March and reopens on Monday the 13<sup>th</sup> of April

**May Bank Holiday: Monday the 4<sup>th</sup> of May 2026 – Friday 8<sup>th</sup> 2026 (1 week)**

**June Bank Holiday: Monday the 1<sup>st</sup> of June**

**School closes for summer break on Thursday the 25<sup>th</sup> of June 2026**





# KICKSTART SUMMER

## JULY CAMP

ST MARY'S PRIMARY SCHOOL,  
TRIM

Incoming  
Junior  
Infants  
welcome

Primary  
Aged  
Children

### Date

**Monday 14th-  
Friday 18th July**

### Time

**09:30a.m-01:30p.m**

### Contact Us

**086-1905362/**

**046-9431919**

**kickstartsummer2024@gmail.com**

### Activities

**Fun Sports & Team  
Challenges,  
Arts & Crafts,  
Music & Dance,  
Science Experiment,  
Baking,  
Water Fun & more...**

**€80**

**For 5 days**

**& €70 per extra sibling**



**Registration Forms can be completed and dropped to the Office  
or Room 2 before 27th June. Alternatively you can contact us on  
the above details.**

# BASKETBALL ACADEMY

SEYDINA COACHING



1 SESSION:  
€20  
6 SESSIONS:  
€90

## SATURDAY MORNINGS AURA SPORTS HALL TRIM

10-11AM - AGES 8-11

11-12PM - AGES 12-16



BOYS & GIRLS  
AGES 8-16

WHATSAPP:



AURA TRIM,  
C15 A258

### Message from Child and Family Support Hub in Navan

Dear Parents/Guardians,

Are you **dealing with aggressive or challenging behaviour in your child**, teenager or young adult? You are not alone. A free, online, Non-Violent Resistance course is starting soon to help parents manage these behaviours.

To book a place please call the Child & Parent Support Hub, Navan, 0469073178 <https://tinyurl.com/n3x2tnbc>

Kind regards, S.McNamara (HSCL)



Trinity College Dublin  
Coláiste na Tríonóide, Baile Átha Cliath  
The University of Dublin

Dear Parent,

Sleep is a large part of a child's life and how children sleep can affect not only other areas of their lives such as their learning in school but also the sleep of their parents. We are a group of researchers from Trinity College Dublin (Schools of Psychology and Medicine) who are studying sleep in children and we would like to ask you if you would carry out an online survey. We are seeking to reach as many children as possible in Ireland so that we can have national data on the sleep patterns of primary school children.

Please consider completing the online anonymous survey of your child's sleep including timings and routines. A large response rate is essential to how the survey can inform service and policy development. The study has ethics approval from Trinity College Dublin.

To complete the survey, click on the link below.

[https://tcdecon.qualtrics.com/jfe/form/SV\\_bJHRy4YW6LONEQ6](https://tcdecon.qualtrics.com/jfe/form/SV_bJHRy4YW6LONEQ6)

Thank you for participation it would be gratefully appreciated.

Sincerely,

*Michelle Spirtos*



Trinity College Dublin  
Coláiste na Tríonóide, Baile Átha Cliath  
The University of Dublin

Dr Michelle Spirtos,

Principal Investigator,

School of Medicine

*Jessica Burke*

Jessica Burke,

PhD Student,

School of Medicine

## Parent Survey of Sleep in Primary School-aged Children

Researchers from Trinity College Dublin invite parents to take part in **AIM2Sleep**, a national survey to establish the sleep profile of primary school aged children.

### What will my participation involve?

Filling in an online survey about your child's sleep patterns, timings and routines.

### For more information

Please contact Jessica Burke,  
AIM2Sleep@tcd.ie

To take part in the study scan the QR code



Research Team  
School of Medicine, School of Psychology, Trinity College Dublin

Dr Michelle Spirtos, Dr Olive Healy, Miss Jessica Burke